

Come and enjoy an afternoon of health, food and wine...

You are invited to a special educational event focusing on the **Health Issues of Aging**. The presentation will to given by **Frances Dee Filgas, M.D.**

Hawley Winery

Dry Creek Valley

August 8, 2009

4:00 PM - 7:00 PM



WWW.HAWLEYWINE.COM

Artwork by Dana Hawley

You are invited to attend an informational presentation on a number of topics relevant to Dr. Filgas' specialization in Age Management.

They will be as follows:

***Menopause, Perimenopause, and the Male
Hormonal Decline**

***Bioidentical Hormones**

***Orthopedic Medicine and Pain Management**

***Aesthetic Medicine**

***Supplements**

***Exercise**

***Nutrition**

In addition to an orchestrated tasting of the wines, you will also enjoy tasting vinegars and olive oils produced by Hare Hollow. Hare Hollow specializes in producing wonderful vinegars and olive oils and is owned by Lisa Hemenway, a well known culinary figure in Sonoma County. Lisa will also be preparing hors d'oeuvres for you to compliment the wines.

Also available to answer questions at the event will be:

Michael Tran, M.D., pain management anesthesiologist

Jeff Reinking, M.D., physiatrist in practice of pain management

Arthur Bikangaga, M.D., general surgeon.

Directions: From highway 101 take the Dry Creek Road exit and go west for 5 miles to the stop sign. Turn left onto Lambert Bridge Road. Turn right onto West Dry Creek Road and go 1.8 miles. Turn left onto Mountain View Ranch Road at 6387. Hawley Winery is the 3rd driveway on the left, look for the sign.

The venue at Hawley Winery can accommodate a limited number of people, so please R.S.V.P. as soon as possible in order to ensure your place at this fabulous event.

(707) 431-1100

(707) 291-1374

Guests will finally be treated to a raffle of gifts including Botox, laser treatments, Hawley wines, and specialty olive oils and vinegars from Hare Hollow.